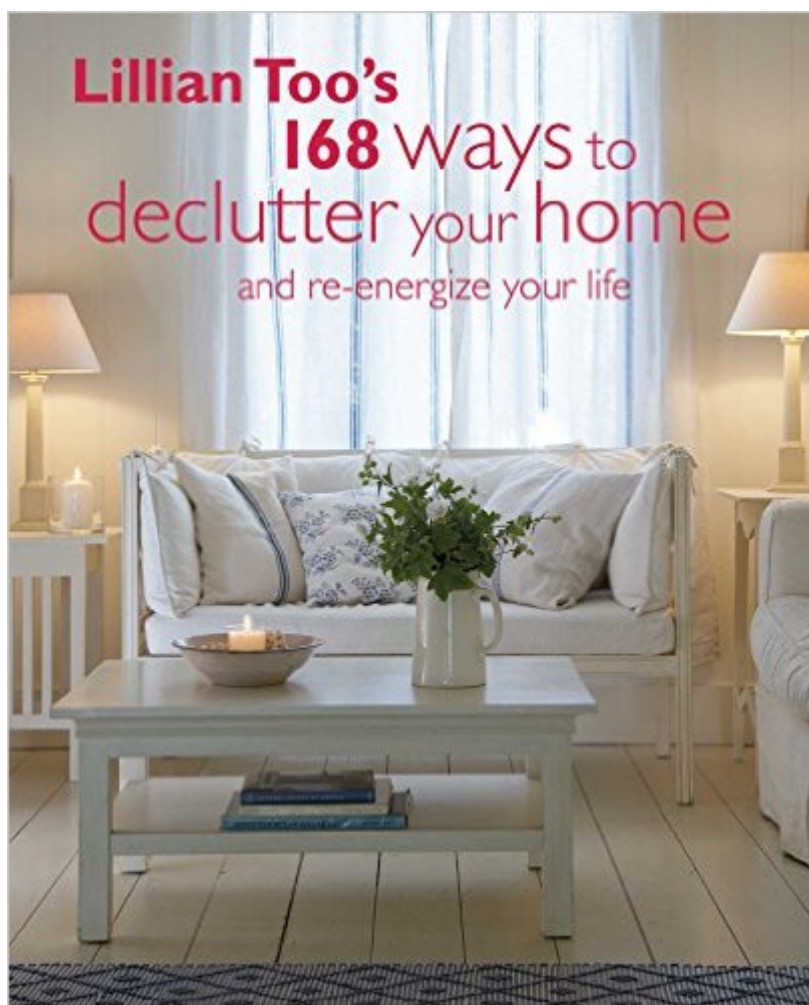


The book was found

Lillian Too's 168 Ways To Declutter Your Home: And Re-energize Your Life



Synopsis

Clear the clutter and revitalize your living space. Energy is a precious commodity – the source of vitality, good relationships, and peace of mind. The 168 techniques in this practical guide show how physical clutter is more than just junk – the debris in our home actually creates mental and spiritual blocks to success. When this is cleared, we get the balance back in life, plus a whole range of new opportunities. The book begins with energy basics and practical de-junking suggestions, such as how to clear your desk to create success or rearrange your living room for harmonious relationships, then presents step-by-step cleansing and revitalization rituals to recharge your home's atmosphere. The rituals show how to use crystals, salt, rice grains, herbs, incense, flower petals, fragrant water, and amazing visualization techniques to enhance and protect your environment. Chapters on using mystic symbols, such as geometric yantra designs, and magnifying spiritual energy complete the clutter journey. A section on personalized practices gives inspiring, fast solutions for those bad days: closet-clearing when you feel unattractive, or rearranging your desk when you feel defeated. All rituals and techniques have been personally tried and tested by Lillian Too, and have brought her great personal success.

Book Information

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Customer Reviews

We all know that we feel better when our homes are clean and tidy and this book explains why and how good energy flows through a home. Decluttering and placing things in the right place is what

this book is all about. Not only why we should not accumulate and keep items but items to put INTO a home and why. Just about everything is doable easy and in some manner. A few may pose a challenge simply because of space or other logistics but there are often variations on things that are easy to implement. I know I will pick this book up often to do one or two tips when I have time and soon my home will be at its optimum status. Since our homes affect human interaction, productivity and emotional status quite a number of the tips discuss these personal connections and will most assuredly improve them when taken under advisement.

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Lillian Too's 168 Ways to Declutter Your Home: And re-energize your life Organize Your Life, How To Be Organized, Productive & Happier In Life, Declutter Your Home and Be Productive at Work. (How to plan your life, Get Organized Book 1) Lillian Too's Little Book of Feng Shui at Work Easy Minimalist Living: 30 Days to Declutter, Simplify and Organize Your Home Without Driving Everyone Crazy 10-Minute Declutter: The Stress-Free Habit for Simplifying Your Home Small House Living: How to Improve Your Finances, Declutter Your Life and Be Happier by Living in a Small House Simple Worship in the War Room: How to Declutter Your Spiritual Life and Strengthen Your Faith (Battle Plan for Prayer Series Book 2) Learn Spanish: How to Learn Spanish Fast in Just 168 Hours (7 Days): The Blokehead Success Series The Best 168 Medical Schools, 2013 Edition (Graduate School Admissions Guides) Bassoon Sonata, Op. 168 - Piano Score - Piano Score 168 Hours: You Have More Time Than You Think Juice It, Blend It, Live It: Over 50 Easy Recipes to Energize, Detox, and Nourish Your Mind and Body Energize: Your Rotary Club Lillian Trasher: The Greatest Wonder in Egypt (Christian Heroes: Then & Now) Lillian Bassman: Lingerie Fuchs, Lillian - 16 Fantasy Etudes - Viola solo - International Edition Lillian's Right to Vote: A Celebration of the Voting Rights Act of 1965 Out of Sight - Out of Mind: Declutter and Organize Every Facet of Your Life The Ultimate Minimalist Guide to Declutter and Simplify Your Life in 7 Days The Joy of Less, A Minimalist Living Guide: How to Declutter, Organize, and Simplify Your Life

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